

JANUARY - APRIL
2012

MAGAZINE
OF THE
COMMUNITY
SERVICES
DEPARTMENT

Play Well

INSIDE THIS ISSUE:

SPECIAL EVENTS • P.4

LIBRARY • P.6

ATHLETICS • P.7

WILLOWBROOK GOLF • P.9

SENIOR ADULT CENTER • P.18

The mission for the Community Services Department is simple: Safe•Clean•Green•Service-Driven. It is the goal of the Department's 203 employees to exemplify these characteristics in their actions, facilities, services and products, thus branding Winter Haven, Florida as a Safe•Clean•Green•Service-Driven community and a desired destination for residents, businesses and visitors alike.

The Play Well Magazine is published with the purpose of providing our customers a complete view of everything the Department has to offer. Please visit the City website, www.mywinterhaven.com, on a regular basis for updates on programs, special events and sporting opportunities.



Winter Haven Recreational & Cultural Center After School Program participant with a plant for an earth box.

WINTER HAVEN
The Chain of Lakes City

**It Starts
in ParksSM**

03 RENTAL INFORMATION

10 TENNIS

12 CHAIN O' LAKES COMPLEX

WINTER HAVEN

The Chain of Lakes City

TABLE OF CONTENTS

Rental Information	Page 3
Special Events	Pages 4 - 5
Library	Page 6
Athletics	
Adult/youth	Page 7
Aquatics	Page 8
Golf	Page 9
Tennis	Pages 10 - 11
Recreation and Culture	
Chain O' Lakes	Pages 12 - 15
Winter Haven	Pages 16 - 17
Recreational & Cultural Center	
Senior Center	Pages 18 - 19
Black History Month Information	Back Page

CONTACT INFORMATION

210 Cypress Gardens Blvd.

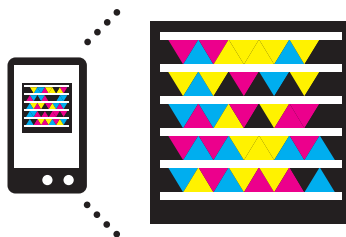
Winter Haven, FL 33880

(863) 291-5656

Community Services Staff

Community Services Department Director	T. Michael Stavres, CPRP
Natural Resources Division Director	Mike Britt, P.E.
Library Services Director	Jennifer Kovac
Public Services Division Director	Terrence Nealy
Administrative Services Manager	Cynthia Hoodenpyle, CPM
Leisure Services Division Director	Travis Edwards, CPRP
Recreation Superintendent	Debbie Battista, CPM
Athletics Superintendent	Scott Eilers
Landscape Services Superintendent	Steve Pruitt, CPM
Project Development Coordinator	Andy Palmer, CPRP
Golf Professional	David Hicks, PGA Professional

**It Starts
in ParksSM**



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<http://gettag.mobi>



RENTAL INFORMATION



Woman's Club

660 Pope Ave. NW
Fee: \$350/day Weekday, \$650/day Weekend
Deposit: \$500
Capacity: 100

Lions Park Clubhouse

820 Ave. L SW
Fee: \$20/hr Resident, \$24/hr Non-resident
Deposit: \$100
Capacity: 70

Rotary Park Clubhouse

350 Sixth St. NE
Fee: \$20/hr Resident, \$24/hr Non-resident
Deposit: \$100
Capacity: 70

Rotary Park Pavilion

350 Sixth St. NE
Fee: \$40/day Resident, \$48/day Non-resident
Deposit: \$100

Lake Shipp Pavilion

1649 Lake Shipp Dr.
Fee: \$66/day
Deposit: \$100

MLK Jr. Park Pavilion S. Lake Silver Dr.

Lake Maude Nature Park Pavilion 1751 Seventh St. NE

Lake Hartridge Nature Park Pavilion 1901 Havendale Blvd.

Fee: \$66/day Resident, \$79/day Non-resident
Deposit: \$100

MLK Jr. Park Gazebo

S. Lake Silver Dr.
Fee: \$40/day Resident, \$48/day Non-resident
Deposit: \$100

MLK Jr. Park Amphitheater

S. Lake Silver Dr.
Fee: \$300/day Resident, \$360/day Non-resident
Deposit: \$100

Winter Haven Recreational & Cultural Center Gymnasium

801 Ave. T NE
For more information, please call 291-5675.
Fee: \$75/hr Resident, \$90/hr Non-resident
Deposit: \$200
Capacity: 250 with chairs, 300 without chairs

Winter Haven Recreational & Cultural Center Conference Room

801 Ave. T NE
For more information, please call 291-5675.
Fee: \$28/day Resident, \$34/day Non-resident
Deposit: \$100
Capacity: 25

Senior Adult Center

250 S. Lake Silver Dr. NW
For more information, please call 291-5870.
Fee: \$50/hr Resident, \$60/hr Non-resident
Deposit: \$200
Capacity: 130

DiamondPlex

900 Polk State College Access Road
DiamondPlex has four 300-foot softball fields and one 210-foot field. Other amenities include a full service concession stand, playground and locker room. Please call 298-7687 for more information.
Field Fee: \$75/field per day
Light Fee: \$25/hr per field
Maintenance Fee: \$25/hr per person

For more information or to reserve a facility, please call 291-5656.





SPECIAL EVENTS

CONTACT INFORMATION

210 Cypress Gardens Blvd.

Winter Haven, FL 33880

(863) 291-5656

www.mywinterhaven.com

MLK PARADE

Location: Parade begins at City Hall
 Date: January 14
 Time: Parade begins at 10 a.m.
 The MLK Parade is an annual event to commemorate the life of Dr. Martin Luther King, Jr. The parade begins in downtown Winter Haven at City Hall and travels north on First Street. The parade ends at Winter Haven Recreational and Cultural Center on Avenue T NE. Entry deadline is January 7. Contact Glenda Jones at 294-5860 for more information or to enter a unit in the parade.

19th ANNUAL SHAMROCK WALK & RUN

Location: Downtown
 Date: March 10
 Time: 1 p.m.
 Featuring a 5K, Kids' Races, Fun Walk, and Jog with your Dog, this annual Children's Library Fundraiser takes place in beautiful downtown Winter Haven. Bring the family and enjoy great local food, music and lots of fun activities for children of all ages! Visit www.rockwalkrun.com for registration information.

EGG HUNT

Location: MLK Park
 Date: April 7
 Time: 10 a.m. - noon
 Egg Hunt starts at 10 a.m. sharp!

The entire family will have an EGGcellent time at this fun-filled event! Along with the egg hunt, this event also features face painting, balloon artists, bounce houses and much more! For more information, contact the Senior Adult Center at 291-5870.

ADMIRAL EYCLESHIMER'S CARDBOARD BOAT RACE

Location: Lake Silver
 Date: April 7
 Time: Building begins at 11 a.m., races begin at noon

Do you have what it takes to build a boat out of cardboard and race it? If you think you're up for the challenge, this event is for you. Races begin at noon with participants building their boats at 11 a.m. This event is sponsored by the Winter Haven Chamber of Commerce. Contact the Chamber of Commerce at 293-2138 to register or for more information.

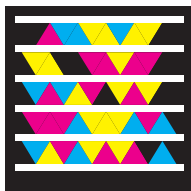
UPCOMING SPECIAL EVENT:

33rd Annual TD Bank Central Park Art Festival

This art festival has become one of the South's premier fine arts shows with some of the country's most accomplished artists, as well as rising stars, vying for the Ridge Art Best of Show Award. Each spring, artists from across the country gather to participate in this successful Central Florida show.

In addition to artwork, there is great food and children can enjoy hands-on art in the children's area! Contact the Ridge Art Association at 291-5661 for more information.

Location: Central, Virginia Miller and South Parks
 Dates: March 17 and 18
 Time: 10 a.m. - 4 p.m.



SCHOOL STUDENTS SHOWCASE MUSICAL TALENTS

Location: Central Park

Dates: January 20, February 17,
April 20

Time: 6:30 p.m.

Local school students are scheduled to showcase their musical talents in Central Park. The schedule is as follows - January 20, Winter Haven Area Chorus, February 17, Caldwell Elementary and April 20, Jewett Academy.

WINTER HAVEN FARMERS' MARKET

Location: Downtown Trailhead Park

Date: Every Thursday

Time: 8 a.m. - 3 p.m.

Whether you're a local produce vendor looking to sell your goods or someone wanting some home grown fruits and veggies, the Farmers' Market is the place for you. For more information or to become a vendor, contact the Senior Adult Center at 291-5870.

PICKIN' IN THE PARK

Location: Central Park

Date: First Friday of every month

Time: 6:30 - 8 p.m.

Come enjoy the musical talents of the band "Harmony Grits" as they perform music for the crowd to sing along! Bring your blanket or lawn chair and the band provides song books for the newbies. Call 291-5656 for more information.

RHYTHMS OF LIFE DRUM CIRCLE

Location: Central Park

Date: Second Friday of every month

Time: 6:30 p.m.

Can you feel the beat? Open to anyone to play or just listen. Bring your own percussion instrument such as a drum, sticks, triangle or shakers to join this free flowing drum experience. No experience necessary and all ages are encouraged to participate. *No March Rhythms of Life Drum Circle due to Central Park Art Festival.

DULCIMER NIGHT

Location: Central Park

Date: Fourth Friday of every month

Time: 5:30 p.m.

Play the dulcimer or just want to listen? Dulcimer players are welcome to join in and everyone is welcome to listen to this beautiful instrument.



MAIN STREET MARKET DAY

Location: Virginia Miller Park

Date: First Saturday of every
month

Time: 9 a.m. - 2 p.m.

This is a monthly vendor market where the community can purchase fresh goods such as candles, plants, vegetables, candy, soaps and more! Contact Main Street Winter Haven at 295-9422 for more information or to become a vendor.

CRUISIN' WINTER HAVEN

Location: Downtown

Date: First Saturday of every
month

Time: 4 - 9 p.m.

Experience this one-of-a-kind car show. Enjoy great music from the 50's and 60's along with a cruising display of all the cars at the end of the evening (approximately 8:15 p.m.). Call 291-5656 for more information.





WINTER HAVEN PUBLIC LIBRARY

325 Avenue A NW
Winter Haven, FL 33881
Phone (863) 291-5880

Hours of Operation
Mon. - Thurs.: 9 a.m. - 8 p.m.
Fri. - Sat.: 9 a.m. - 5:30 p.m.
Sun.: Closed

<http://whpl.mywinterhaven.com>

Book Club

The Book Club meets every month in the Historical Conference Room of the Library.

Day: Tuesday
Dates: January 17: The Kitchen House by Kathleen Grissom
February 21: Helen of Pasadena by Lian Dolan
March 20: Winter Garden by Kristin Hannah
April 17: Cutting for Stone by Abraham Verghese

Time: 4 p.m.

PAWS for Reading

Polk County Humane Society hosts this weekly program to excite children of all ages to read. Participants have the opportunity to read to certified therapy dogs.

Day: Tuesday
Time: 3 p.m.

The Library offers a wide variety of programs, services and resources. For more information, please visit our website or give us a call.

R.E.A.D. Series

The R.E.A.D. Series is an educational program designed to offer information and resources to the public regarding learning concerns, such as dyslexia, auditory processing disorders and other educational issues. Participation is free.

Day: Saturday
Dates: January 21
February 18
March 17
April 21
Time: 2 p.m.

Saturday Afternoon Movies

Movie titles are geared towards a family audience with a variety of G, PG and sometimes PG-13 ratings.

Day: Second and Fourth Saturdays of each month
Time: 2 p.m.

Baby Bookworm

Day: Wednesday
Time: 11 a.m.

Preschool Storytime

Days: Wednesday and Thursday
Time: 10 a.m.

Finger puppets, rhymes, stories and sing-alongs are featured during these weekly programs introducing babies and toddlers to the joy of reading and providing a place for parents and caregivers to come together.

19th Annual Shamrock, Walk & Run

Featuring a 5K, Kids' Races, Fun Walk, and Jog with your Dog, this annual Children's Library Fundraiser takes place in the beautiful parks of downtown Winter Haven. Bring the family and enjoy great local food, music and lots of fun activities for children of all ages! Visit www.rockwalkrun.com for registration information.

Date: Saturday, March 10
Time: 1 p.m.

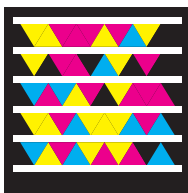
PROGRAM HIGHLIGHT:

Excellence in Reading

The Winter Haven Public Library is proud of its "Excellence in Reading" program. This program was first introduced to the public in 1983. Since that time more than 1,800 students have completed the program.

The reading program is divided into three groups based on reading level. There is a separate reading list for each group. Children read a book from the list and are tested on their reading comprehension. Prizes are awarded along the way. The ultimate goal is to read 50 books. When 50 books are completed, students earn a trophy, have their name placed on a plaque, and have their picture put on the "Excellence in Reading Bulletin Board of Fame."

The Excellence in Reading program is sponsored by the Friends of the Winter Haven Library. If you or someone you know would like to sign up for this program, please contact the Winter Haven Public Library Children's Department at 291-5880.





ATHLETICS

YOUTH PROGRAMS

Winter Haven Youth Football and Cheerleading

Registration begins Saturday, April 7 and continues every Saturday from 9 a.m. - noon until July 21. For more information, call 299-8900 or 287-8170.

Location: Sertoma Park

Ages: 5 - 15

Fee: \$50 Flag football/cheerleading
\$80 Tackle football

Greater Winter Haven Youth Baseball

First regular Spring sign-up is Monday, January 2 from 6 - 8 p.m. at Sertoma Park. For more information on registration, please call 268-8278 or visit gwhyb.baberuthonline.com.

Location: Sertoma Park

Ages: 4 - 18

Fee: \$50 T-ball
\$80 All others

Youth Volleyball

Impact Volleyball Academy has partnered with the City of Winter Haven to provide recreational volleyball for girls. For more information, please visit www.ivafll.com.

ADULT PROGRAMS

Senior Softball

Senior Softball is played throughout the year. Please call Don Whitmer at 533-3340 for more information.

Location: DiamondPlex

Ages: 55 and older

Days: Tuesday and Friday

Time: Players need to arrive by 8:30 a.m.

Fee: \$40/year

CONTACT INFORMATION

210 Cypress Gardens Blvd.

Winter Haven, FL 33880

(863) 298-7687

www.mywinterhaven.com

Badminton (ongoing)

Join fellow badminton players for fun matches.

Location: Chain O' Lakes Complex

Ages: All

Day: Friday

Time: 6 - 9 p.m.

Fee: \$5

Additional Adult Athletic Opportunities

The Athletics Unit is looking to provide more adult athletic opportunities to the community, such as kickball, flag football, ultimate frisbee and dodgeball. If you are interested in any of the mentioned programs or others not mentioned, please call the Athletics Unit at 298-7687. Your interest will enable the Athletics Unit to provide more quality athletic programs to the community.

Please check the community center pages for more athletic opportunities.

PROGRAM HIGHLIGHT:

Adult Softball

Adult softball is offered year-round at the DiamondPlex. The Winter season will offer men's upper and lower E, C and upper and lower coed. Games are played at 6:45 and 8 p.m. Registration for the Spring season should be held in late February to early March. Please call 298-7687 for more information.

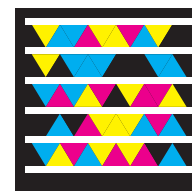
Location: DiamondPlex

Date: January 3

Time: Registration begins at 5:30 p.m. on a first come, first served basis

*Please be aware that softball is very popular and a line starts forming well before the 5:30 p.m. registration time.

Fee: Team registration only - \$350





AQUATICS

CONTACT INFORMATION

210 Cypress Gardens Blvd.

Winter Haven, FL 33880

(863) 291-5656

www.mywinterhaven.com

General Pool Information

The "Rowdy" Gaines Pool is an Olympic-size competitive pool, which is 4 ft. deep on each end and 6 1/2 ft. deep in the middle. The pool has competitive starting blocks and is used for competitive swimming, swim instruction and recreational use. In addition, there is a separate diving well with two one-meter and two three-meter spring boards.

The Winter Haven Recreational & Cultural Center Pool is a 25-yard L-shaped pool, with a diving well and a 3 1/2 ft. shallow end. *Pool opens in late May.

Fees

Daily Admission	\$2 Resident \$3 Non-resident
Lif jackets	\$1
10 Time Punch Pass	\$18 Resident \$27 Non-resident
20 Time Punch Pass	\$30 Resident \$45 Non-resident
Monthly Punch Pass	\$36 Resident \$54 Non-resident
Seasonal Punch Pass	\$80 Resident \$111 Non-resident

Pool Hours

Adult Lap Swim

Mon. - Fri. 10 a.m. - 1 p.m.

Pool Hours (beginning March 10)

Adult Lap Swim

Mon. - Fri. 11 a.m. - 1 p.m.

Mon. - Thurs. 5 - 7 p.m.

Recreational Swim

Mon. - Sun. 1 - 5 p.m.

Scuba Diving

Experience the world underwater as you never have before by becoming certified in Scuba. For more information and to register, call the Mermaid Dive Center at 288-3483 or visit the website at www.mermaiddivercenter.com.

Location: "Rowdy" Gaines Pool

Winter Haven Stingrays Swim Team

The Winter Haven Stingrays Swim Team is a USA registered age group and master swim team that practices and competes year round. A swimmer must be able to swim 25 yards freestyle and backstroke and be at least 5 years of age. Practices are held Monday through Saturday at the "Rowdy" Gaines Pool. For more information, contact Linda Howard at 297-9646.

AQUATIC PROGRAMS

Water Safety Instructor Class

Students will become American Red Cross certified to teach swim lessons to swimmers who are 6 months and older.

Ages: 16 and older

Dates: April 2 - 26

Days: Monday, Wednesday and Thursday

Time: 5:30 - 8:30 p.m.

Fee: \$175 Resident
\$200 Non-resident

PROGRAM HIGHLIGHT:

Lifeguard Training

Students will learn CPR, First Aid, AED and lifeguard skills.

Session 1

Dates: February 20 - March 8

Days: Monday, Wednesday and Thursday

Time: 5:30 - 8:30 p.m.

*There will be one Saturday class on March 3 from 8 a.m. - 2 p.m.

Session 2

Dates: March 12 - 29

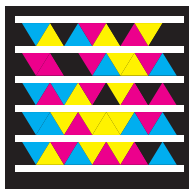
Days: Monday, Wednesday and Thursday

Time: 5:30 - 8:30 p.m.

*There will be one Saturday class on March 24 from 8 a.m. - 2 p.m.

Ages: 15 and older

Fee: \$150 Resident, \$160 Non-resident





WILLOWBROOK GOLF COURSE

Willowbrook offers 18 championship holes from four sets of tee markers; the course plays from 5,345 yards to 6,450 yards. A combination of century old oaks and pines, strategically placed ponds, white sand bunkers and dogleg holes provide a challenge for all levels of golfers, while still offering many opportunities for birdies and pars. A fleet of 75 quiet riding, electric powered golf carts, all with roofs and club covers are available for rent. Practice facilities include a full size golf range, putting green, practice bunker and short game chipping area. A PGA Golf Professional provides group and individual instruction, equipment advice and club repair service. The clubhouse has a well stocked pro shop with a varied selection of balls, gloves, clothing, shoes, equipment and accessories at competitive prices. Other amenities include the USGA Handicap System, adult leagues, annual and summer memberships, and annual tournaments. Winter Haven residents receive a 20 percent discount on memberships. Willowbrook is also available to businesses and organizations for private outings and events.

ADULT PROGRAMS

Golf Instructional Clinics

Weekly golf instructional clinics are offered for men and women. Contact the Pro Shop at 291-5899 for details.

Day: Thursday
 Time: 10 - 11 a.m.
 Fee: \$7 per person (includes balls)

Group and private lessons by a PGA Professional are available year round. Information, fees and appointments are available through the Willowbrook Pro Shop.

Punch cards for 20 baskets of balls can be purchased for \$60, which provides a savings of 25 percent over single basket purchases.

4200 State Road 544 East
 Winter Haven, FL 33881
 Phone (863) 291-5899

Hours of Operation
 Sunday - Saturday:
 Golf Course: 6:30 a.m. - sunset
 Pro Shop: 6:30 a.m. - 5 p.m.
 Restaurant: 6:30 a.m. - 6 p.m.

www.golfwillowbrooknow.com

Golf Fees (Fee Range)

18 Holes w/cart AM	\$35-45
18 Holes w/cart PM	\$30-40
18 Holes walking	\$20-30
9 Holes w/cart	\$20-30
9 Holes walking	\$15-20
Junior 18 walking	\$10-15
Junior 9 walking	\$5-7
Tournament/Outing	\$30-40
League	\$30-40
Member 18	\$13.50-15
Member 9	\$6.75-7.50
Replay 18 holes	\$25-35
Replay 9 holes	\$15

Ten Play Cards

10 Play 18 w/cart	\$342
10 Play 18 walking	\$207
10 Play 9 w/cart	\$180
10 Play 9 walking	\$108

Annual Golf Memberships (plus tax)

Single	\$1,005
Couple	\$1,510
Family	\$1,825
Junior (under 18)	\$201

Annual Cart Pass

Single	\$850
Family	\$1,275

Rentals

Clubs	\$15
Range balls	\$3.75-4.50
Pull cart	\$2.50-3

PROGRAM HIGHLIGHT:

Men's Golf League Play

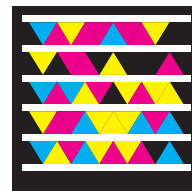
Men's leagues are open for any adult male to join. Contact the Pro Shop at 291-5899 for more information.

Days: Monday, Wednesday, Thursday and Friday
 Time: Mornings
 Fee: \$30/day

Ladies Golf League Play

The Willowbrook Ladies League is open for any adult woman to join. Contact the Pro Shop at 291-5899 for more information.

Day: Tuesday
 Time: 8:30 a.m.
 Fee: \$30/day



209 Ave. F NW
 Winter Haven, FL 33881
 Phone (863) 291-5690

Hours of Operation
 Mon. - Fri.: 8 a.m. - 9 p.m.
 Sat.: 8 a.m. - noon; noon - 6 p.m.*
 Sun.: 8 a.m. - 6 p.m.*
 *Courts open, pro shop and
 restrooms closed



COURT FEES

Resident: \$1.25/hr
 Non-resident: \$2.50/hr
 Junior (under 18): \$.75/hr

After 6 p.m., all fees increase by
 \$.75 per hour

MEMBERSHIP FEES

	Six month	Annual
Junior:	\$30	\$50
Resident: Single	\$50	\$80
Resident: Family	\$65	\$110
Non-resident: Single	\$100	\$160
Non-resident: Family	\$130	\$220

ADULT PROGRAMS

Adult Mixed Doubles Tennis (ongoing)

This is a social round robin for all
 levels of play. You do not need a
 partner to participate.

Day: Tuesday
 Time: 6:30 p.m.
 Fee: \$2/hr Resident
 \$3.25/hr Non-resident

Polk County Tennis Association (PCTA)

PCTA ladies' league starts in January
 and will play through March. Ladies of
 all ability levels are welcome; teams are
 divided by level of play. Schedules are
 available by contacting the Winter
 Haven Tennis Courts.

Fee: \$35

Adult Evening Tennis Leagues

This evening league is for men and
 women of all levels of play. Men's and
 Women's Singles play Thursday
 evenings. Men's and Women's
 Doubles play Monday evenings. Men's
 and Women's Mixed Doubles play
 Tuesday evenings. Please call for
 schedules.

Private lessons for youth and adults
 are available. Please call the Tennis
 Courts for more information.

PROGRAM HIGHLIGHT:

Adult Evening Tennis Lessons

For adults new to tennis, returning to tennis or for players looking to improve
 their technique. Lessons are one day per week for a four-week session.
 Session dates are subject to change. Fees are per session.

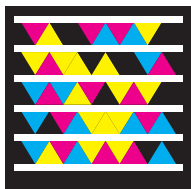
Fee: \$30 Resident, \$35 Non-resident

Beginners and Intermediate

- Session 1: Jan. 9 - Feb. 6 (no class Jan. 16 due to the MLK Jr. holiday)
- Session 2: Feb. 13 - March 12 (no class Feb. 20 due to President's Day holiday)
- Session 3: March 19 - April 9
- Session 4: April 23 - May 14

Advanced Intermediate

- Session 1: Jan. 11 - Feb. 1
- Session 2: Feb. 15 - March 7
- Session 3: March 21 - April 11
- Session 4: April 25 - May 16



Pickleball (ongoing)

Come try the newest sport to take the country by storm! Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is an easy game for beginners to learn, but can develop into a fast-paced, competitive game for experienced players. Equipment is available. Courts may be available on additional days and times.

Days: Wednesday and Friday
Time: 8 a.m.
Fee: \$1.25/hr Resident
\$2.50/hr Non-resident

YOUTH PROGRAMS

Junior Team Tennis

USTA Junior Team Tennis brings kids together in teams to play singles, doubles and mixed doubles against other teams. It promotes social skills and important values by fostering a spirit of cooperation and unity, as well as individual self-growth. Also, it is a fun environment for kids in which they learn that succeeding is really more about how to play the game - win or lose. Call Winter Haven Tennis Courts for more information.

After School Tennis Program

A great opportunity to learn tennis and to improve their game. All classes will be taught using Quickstart equipment and teaching methods. Session dates are subject to change. Fees are per session.

4-5 and 12-17 years old

Session 1: Jan. 10 - 31

Session 2: Feb. 14 - March 6

Session 3: March 20 - April 10

Session 4: April 24 - May 15

6-7, 8-9, 10-11 years old

Session 1: Jan. 11 - Feb. 1

Session 2: Feb. 15 - March 7

Session 3: March 21 - April 11

Session 4: April 25 - May 16

Class times and days:

4-5 yrs.: 3:30 - 4 p.m. Tues.

6-9 yrs.: 4:30 - 5:15 p.m. Wed.

10-11 yrs.: 5:15 - 6:15 p.m. Wed.

12-17 yrs.: 4 - 5 p.m. Tues.

Fees:

4-5 yrs.: \$25 Resident

\$30 Non-resident

6-9 yrs.: \$30 Resident

\$35 Non-resident

10-11 yrs.: \$35 Resident

\$45 Non-resident

12-17 yrs.: \$35 Resident

\$45 Non-resident



TOURNAMENTS

USTA Winter Haven Blizzard Blast

Date: January 7 - 9

USTA sanctioned Adult Tournament. Men's and Women's 3.0 - 4.5 Singles and Doubles.

USTA Winter Classic Super Series

Date: February 18 - 20

Ages: Boys and Girls 14 - 18 years old

Junior Super Series. Singles and Doubles.

USTA Winter Haven Spring Super Series

Date: April 7 - 9

Ages: Boys and Girls 12-18 years old

Junior Super Series. Singles and Doubles.

For more information on tournaments, please call the Pro Shop at 291-5690.



210 Cypress Gardens Blvd.
Winter Haven, FL 33880
(863) 291-5656

Hours of Operation
Mon. - Fri. 8 a.m. - 9 p.m.
Sat.: Noon - 6 p.m.
Sun.: Closed

Hours may be extended to accommodate programming or rentals.



YOUTH PROGRAMS

Kinder Move for Toddlers

This class encourages toddlers to explore their ability to move and dance creatively! Classes are per month.

Ages: 2-3 years old
Day: Tuesday
Time: 4:30 - 5 p.m.
Fee: \$30 Resident
\$40 Non-resident

Pre-School Ballet

Designed to develop basic motor skills, musical awareness, expression and creativity. Classes are per month.

Ages: 4-6 years old
Day: Tuesday
Time: 5 - 5:45 p.m.
Fee: \$35 Resident
\$45 Non-resident

Ballet for Children

This class allows dancers to become more integrated with rhythm, tempo and ballet skills. Classes are per month.

Ages: 7 and up
Day: Tuesday
Time: 5:45 - 6:45 p.m.
Fee: \$45 Resident
\$55 Non-resident

ALL AGES PROGRAMS

Boxing Fitness

Boxing Fitness begins with stretching and toning with weights. You then work up to a cardio-boxing fitness workout with boxing bags.

Ages: All - kids free with paying adult
Days: Tues., Wed., Sat.
Time: 6 - 6:45 p.m. Tues./Wed.
9 - 10 a.m. Saturday
Fee: \$5/class or \$40/month
Resident
\$6/class or \$50/month
Non-resident

Zumba (ongoing)

Zumba combines high energy music with unique and easy to follow moves. Get fit while dancing away your stress.

Ages: All - children free with paying adult
Days: Tues., Thurs., Sat.
Time: 6:30 - 7:30 p.m. Tues./Thurs.
8 - 9 a.m. Saturday
Fee: \$5/class or \$40/month
Resident
\$6/class or \$50/month
Non-resident

PROGRAM SPOTLIGHT:

Tae Kwon Do

Tae Kwon Do is taught in an organized and safe atmosphere and is great for physical fitness and learning self-defense with a continued focus on discipline. Some other benefits of Tae Kwon Do are coordination, flexibility and confidence. There are five tenets of Tae Kwon Do: courtesy, integrity, self-control, perseverance and indomitable spirit. Each of these aspects is built into every class of the art, science and sport of Tae Kwon Do. Participants will become members of the U.S. Chung Do Kwan Association, a national organization that offers members, students and instructors national and international credentials. Tae Kwon Do is great for youth and adults.

Ages: All
Days: Tuesday and Thursday
Time: 6:30 - 7:30 p.m.
Fee: \$50 Residents, \$60 Non-residents per month, plus uniform cost of \$30

Easy Tai Chi (ongoing)

Tai Chi is an enhancement of body awareness and overall well-being. Benefits include boosting the immune system, balance and flexibility while strengthening muscles!

Ages: All - children welcome if accompanied by an adult

Day: Monday

Time: 5:30 - 6:30 p.m.

Fee: \$4 Resident
\$5 Non-resident

Tai Chi Club (ongoing)

A slow healing dance to health! With regular practice you will feel and see results. Tai Chi Club is for students who are more advanced in the art of Tai Chi.

Ages: Adults - children welcome if accompanied by an adult

Day: Monday

Time: 6:30 - 8 p.m.

Fee: \$4 Resident
\$5 Non-resident

Kundalini Yoga (ongoing)

This low-intensity class incorporates sound and mantra breathing and a specific sequence of postures that prepare the body for meditation and a deep relaxation. Great for beginners.

Ages: 15 and older

Day: Friday

Time: 6 - 7:15 p.m.

Fee: \$10/class or \$32/4 classes Resident
\$11/class or \$42/4 classes Non-resident

*Discounts for Seniors and students available

Beginning Belly Dance

Take control of your body with belly dance. Strengthen your core and work up a sweat while learning the most mysterious of dances.

Ages: Women 18 & up

Day: Monday

Time: 6 - 6:55 p.m.

Fee: \$8/class or \$30/4 classes Resident
\$9/class or \$40/4 classes Non-resident

Advanced Belly Dance

Find empowerment through belly dance. Learn dancing and performing techniques, group choreographies and perform at different venues. No experience necessary.

Ages: Women 18 & up

Day: Monday

Time: 7 - 7:55 p.m.

Fee: \$8/class or \$30/4 classes Resident
\$9/class or \$40/4 classes Non-resident

Belly Dance Dual Class

For the dancers who are planning on taking both belly dancing classes on the same night.

Ages: Women 18 & up

Day: Monday

Time: 6 - 7:55 p.m.

Fee: \$15 Resident
\$16 Non-resident



Judo

Judo is a fun sport, an art, a discipline, a recreational or social activity, a fitness program, a means of self-defense, a way of life and more. Classes are in eight-week sessions.

Ages: All

Day: Monday

Time: 6 - 7:15 p.m. Beginners
7:15 - 8 p.m. Advanced

Fee: \$35 Resident
\$45 Non-resident

Badminton (ongoing)

Join fellow badminton players for fun matches.

Ages: All

Day: Friday

Time: 6 - 9 p.m.

Fee: \$5

Fencing

Introduction to the sport using the foil, epee, and saber methods. Basic equipment is supplied. En garde!

Ages: All - children under 12 must be accompanied by an adult

Day: Tuesday

Time: 7 - 9 p.m.

Fee: \$8/class or \$25/month Resident
\$9/class or \$35/month Non-resident



CHAIN O' LAKES COMPLEX RENTAL INFORMATION

The City of Winter Haven has numerous rental opportunities available. Whether you are having a company gathering, training session, family reunion, wedding reception or birthday party, we have a space for you.

In addition to the room, the City can provide tables, chairs, podiums and audio/visual equipment. A dedicated staff will help you determine what facility and/or room works for your event. We will even help you remember those little items that always seem to slip through the cracks. Let us help make your next event a success. For more information on renting the below locations, please contact the Leisure Services Division at 291-5656.

Complete Beginners Combo Dance

Students will spice up the dance floor with a variety of dances, such as Salsa, Mambo, Cha-Cha and Merengue. Students will increase their energy with Swing and tone up with the Foxtrot, Waltz and Tango. Come experience a great time while learning a new skill. Classes are in four-week sessions.

Ages: Adults

Day: Thursday

Time: 6:30 - 7:30 p.m.

Fee: \$25 Resident
\$35 Non-resident

Guitar Lessons

Class sessions and times are scheduled through the instructor to fit your busy schedule. Learn different music genres using bass, electric or acoustic guitars. Jam sessions are held every Friday evening from 7 - 9 p.m. Unleash your inner rock star!

Ages: All

Days: Monday - Saturday

Time: 2 - 8 p.m. Mon. - Fri.,
9:30 a.m. - noon Sat.

Fee: \$110/4 wk, \$150/6 wk,
\$200/8 wk Resident
\$120/4 wk, \$160/6 wk,
\$210/8 wk Non-resident

Open Gym Basketball

Come play pick up basketball. Gym availability is based on programming.

Fee: Free

Gymnasium

Fee: \$75/hr Resident
\$90/hr Non-resident

Deposit: \$200

Capacity: 330

Poolside Room

Fee: \$40/hr Resident
\$48/hr Non-resident

Deposit: \$200

Capacity: 200

Kitchen

Fee: \$200/day and
\$25/hr for Attendant

Deposit: \$200

Meeting Rooms 1 and 2

Fee: \$17/hr Resident
\$22/hr Non-resident

Deposit: \$100

Capacity: 55

Club Room

Fee: \$30/hr Resident
\$36/hr Non-resident

Deposit: \$100

Capacity: 80

Theatre

Fee: \$400/day Resident
\$480/day Non-resident

Deposit: \$200

Capacity: 324





RIDGE ART ASSOCIATION

210 Cypress Gardens Blvd.
Winter Haven, FL 33880
(863) 291-5661

www.ridgeart.org

Aviation Exhibition

Winter Haven Municipal Airport
Ongoing - May 1

My Winter Haven Art Show

"Centennial Celebration - Honoring our Past,
Focusing on our Future"
Winter Haven City Hall
Ongoing - June 2012

The 62nd Anniversary Fine Arts Exhibition

January 12 - February 5

The Young Artists' Show

February 23 - March 18

TD Bank Central Park Art Festival

March 17 & 18

Art From Found Objects

April 12 - May 2



THEATRE WINTER HAVEN

210 Cypress Gardens Blvd.
Winter Haven, FL 33880
(863) 299-2672

For show times and prices, please call
the Box Office at (863) 294-SHOW or visit
www.theatrewinterhaven.com.

The Marvelous Wonderettes

January 12 - February 5

12th Annual Gathering of Angels

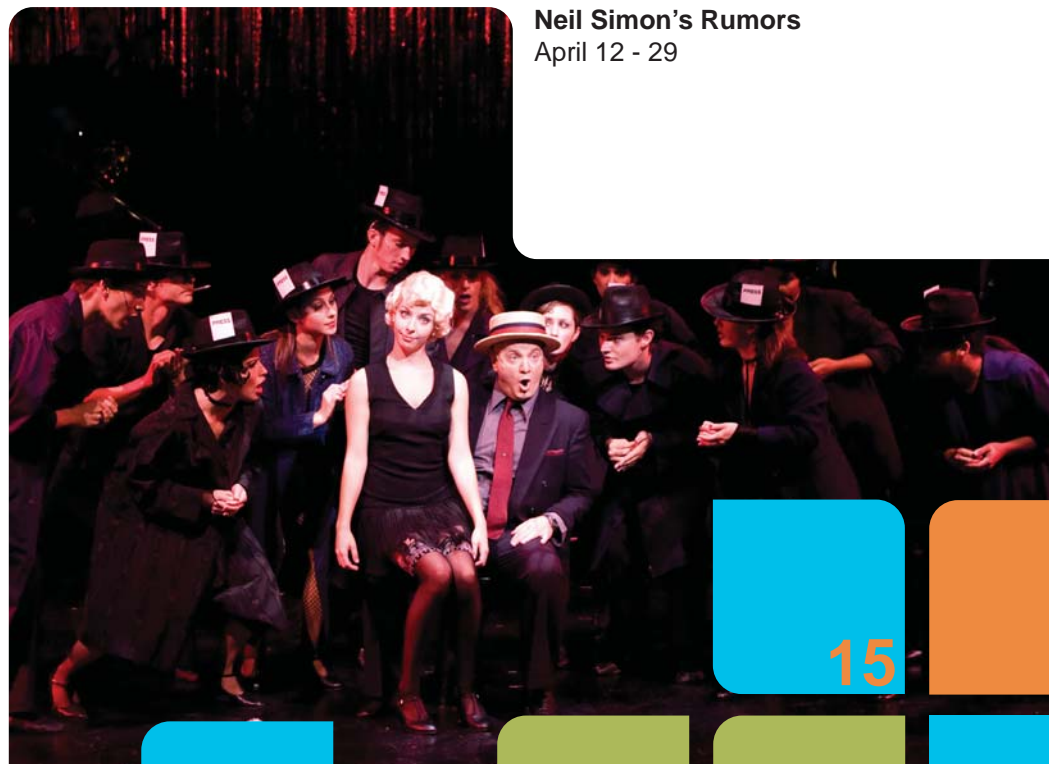
January 21

Buddy

February 23 - March 18

Neil Simon's Rumors

April 12 - 29





801 Avenue T NE
 Winter Haven, FL 33881
 (863) 291-5675

Hours of Operation
 Mon. - Fri.: 8 a.m. - 8 p.m.
 Sat.: Noon - 7 p.m.
 Sun.: Closed

Hours may be extended to accommodate
 programming or rentals.

WINTER HAVEN RECREATIONAL & CULTURAL CENTER

YOUTH PROGRAMS

After School Program

After school homework assistance and recreational activities are provided. Transportation is available from Garner and Elbert Elementary and Brigham Academy upon request.

Ages: Grades K - 8
 Day: Every school day
 Dates: August - June (2011-2012 school year)
 Time: 3 - 5:30 p.m.
 Fee: \$20/month Resident
 \$30/month Non-resident

Kids Night of Fun

Bring your child to WHRCC for an evening of fun! They will enjoy games, activities and refreshments while you can leave and enjoy an evening to yourself. Participants must register two days before program date.

Ages: 6 - 13
 Dates: January 13, March 16
 Time: 6 - 9 p.m.
 Fee: \$5 per child

Aquafina Pitch, Hit and Run

This nationwide program is sponsored by Major League Baseball and Aquafina. This is a free skills competition that provides boys and girls, ages 7 - 14, the opportunity to showcase their pitching, hitting and running abilities.

Ages: 7 - 14
 Date: April 14
 Time: 11 a.m. - 1 p.m.
 Fee: Free

Youth Recreation Board

The Youth Recreation Board is looking for innovative teens to assist in planning youth activities, become more involved in community events and provide leadership skills.

Ages: 10 - 17
 Day: Third Saturday of each month
 Time: 6 - 7 p.m.
 Fee: Free

PROGRAM HIGHLIGHT:

School's Out Camp

No place to send your child when school is out? Send them to Winter Haven Recreational and Cultural Center! The Rec provides supervised fun during public school holidays and teacher work days. There will be arts and crafts, activities, games and more. You may register at any time during the school year. Participants must bring their own lunch and snacks. The children will have a blast and the price can't be beat.

Ages: K - 8th grade
 Dates: January 2, 16, 23, February 20, March 12 - 16, April 6
 Time: 7:30 a.m. - 5:30 p.m.
 Fee: \$5/child per day



BLACK HISTORY MONTH

Various activities are planned to celebrate Black History Month.

Movie Night

The movie "The Pursuit of Happyness" will be shown. Based on the true story of Chris Gardner, this blockbuster family drama is about a struggling salesman who takes custody of his son as he is poised to begin a life-changing professional endeavor. Movie is PG-13.

Ages: All
Date: February 10
Time: 6 - 8 p.m.
Fee: Free

Spelling Bee

For those participating, a list of sample words to study will be available. Awards will be given to first, second and third place participants.

Ages: 6th - 8th graders
Date: February 23
Time: 6 - 8 p.m.
Fee: Free

Jr. Miss Heritage Pageant

This is the second annual Jr. Miss Heritage Pageant. Competition will be based on personality, talent demonstration, responses to questions and appearance. Practice will be held Wednesday, February 22 at 5 p.m. Pre-registration is required. Deadline to register is February 19. All participants must be at least 12 years old by February 1.

Ages: 12 - 14
Date: February 24
Time: 6 - 8 p.m.
Fee: \$2

Fashion Show

The fashion show will be sponsored by the Youth Recreation Board. Children ages 10 - 16 will be the models. Participants will have the opportunity to walk the runway showcasing their latest outfits featuring casual/day wear, evening wear and Sunday wear.

Ages: All
Date: February 28
Time: 6 - 8 p.m.
Fee: Free

ALL AGES PROGRAMS

Total Body Workout and Conditioning (ongoing)

Individuals will receive a comprehensive exercise program made specifically for them by a certified trainer. This program is for the novice to the experienced exerciser!

Ages: 15 and up
Day: Monday
Time: 6:30 - 7 p.m.
Fee: \$5 Resident
\$6 Non-resident



Zumba

Zumba combines Latin rhythm with easy-to-follow dance moves to create a one-of-a-kind, total body workout.

Ages: 15 and up
Day: Wednesday
Time: 6 - 7 p.m.
Fee: \$5/class or \$20/5 classes
Resident
\$6/class or \$30/5 classes
Non-resident

Fitness Center and Weight Room

A wide variety of exercise machines, weight benches and free-weights are available to the public for use.

Fee: Free

Computer Lab

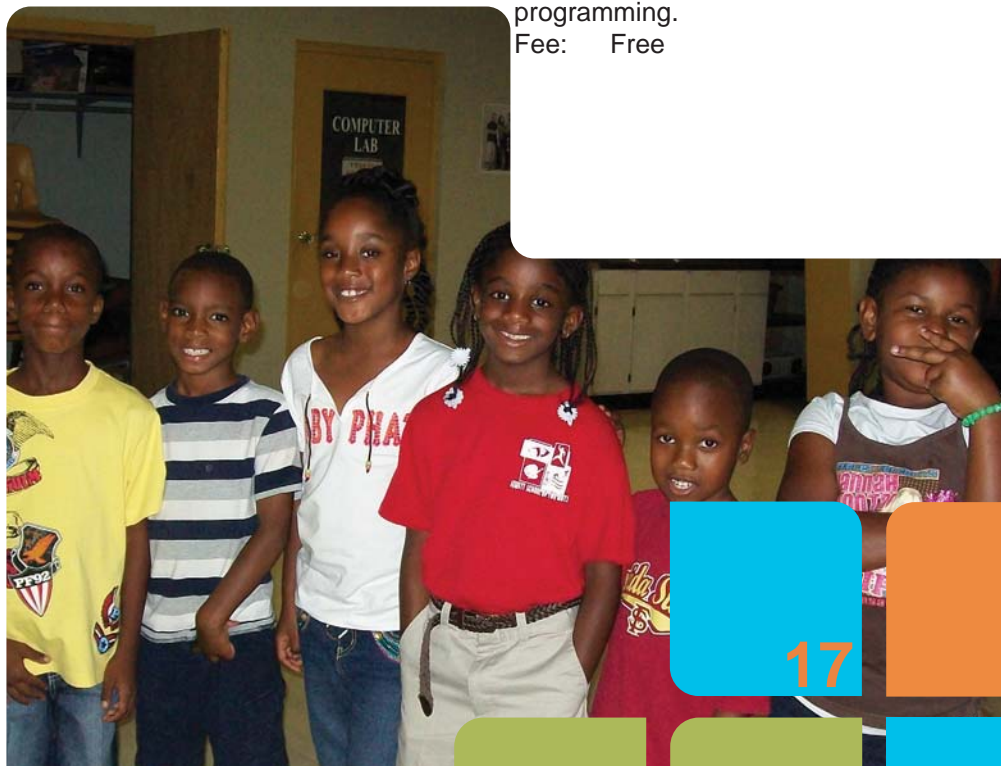
The computer lab is open to the public.

Fee: Free

Open Gym Basketball

Come play pick-up basketball. Gym availability is based on programming.

Fee: Free



250 S. Lake Silver Dr. NW
Winter Haven, FL 33881
(863) 291-5870

Hours of Operation
Mon. - Fri.: 9 a.m. - 4 p.m.
Sat. & Sun.: Closed

Hours may be extended to accommodate
programming or rentals



SENIOR ADULT CENTER

Zumba Gold

Zumba combines high energy music with unique and easy-to-follow dance moves. Zumba Gold is a modified version of Zumba that is a safe and effective total body workout for the older active adult.

Day: Tuesday
Time: 1:30 - 2:30 p.m.
Fee: \$2

Chair Yoga

Chair Yoga is designed for seniors and focuses on flexibility, strengthening, stress reduction and relaxation.

Days: Wednesday and Friday
Time: 10:30 - 11:30 a.m.
Fee: Free

Low Impact Exercise Class

This low impact aerobic exercise class uses Richard Simmons' Silver Fox videotape. An excellent workout for all levels of fitness.

Days: Monday, Wednesday and Friday
Time: 9:30 - 10:15 a.m.
Fee: Free

Wellness with Wilma

This class is a 60 minute low-impact total body workout that includes aerobic, strengthening, balance and flexibility modalities.

Days: Tuesday and Thursday
Time: 10 - 11 a.m.
Fee: Free

Beginning Line Dance Class

Learn line dances to country and pop songs. Join other line dancers and learn line dances or just come for the great exercise.

Day: Thursday
Time: 1:30 - 3 p.m.
Fee: \$3

Intermediate Line Dance Class

This dance class is designed for those who have moved beyond the beginner class and want to learn more dances.

Day: Tuesday
Time: 5:30 - 7 p.m.
Fee: \$5

Country Western Line Dance Social

Join your fellow line dancers for a night of fun and dancing.

Day: Thursday
Time: 7 - 9 p.m.
Fee: \$5 Resident, \$6 Non-resident

PROGRAM HIGHLIGHT:

Ballroom Dance Lessons

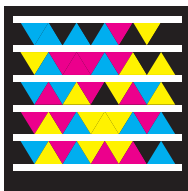
Join other dancers to learn the Fox Trot, Waltz, Swing/Jive, Polka, Schottische and Rumba/Cha-Cha. Singles are welcome and encouraged. Classes are in six-week sessions.

Day: Monday
Time: 1:30 - 3 p.m.
Fee: \$24 Resident
\$32 Non-resident

Dance Social

This dance social offers a variety of live dance music. Couples and singles are welcome.

Day: Tuesday
Time: 7:30 - 9 p.m.
Fee: \$3 per person



Square Dance Lessons

Learn basic square dancing moves. No experience needed. Learn to dance in 10 minutes and enjoy the activity for a lifetime. A partner is not required. Classes are in eight-week sessions.

Day: Wednesday
Time: 1:30 - 3 p.m.
Fee: \$24 Resident
\$32 Non-resident

Karaoke Dance

Join the party at the Karaoke Dance. Come to socialize, dance and sing.

Day: 2nd Tuesday of every month
Time: 7:30 - 9:30 p.m.
Fee: \$2

Winter Haven Shuffleboard Club

Club holds weekly games and participates in state and district tournaments, turkey shoots and special tournaments. Please contact the Senior Center for tournament schedule.

Days: Wednesday and Friday
Time: 9 a.m.
Fee: \$10 annually

Mixed Media Painting

Learn to paint using oils, watercolors and pastels.

Days: Alternating Mondays and Thursdays
Time: 9 a.m.
Fee: \$10 Resident
\$11 Non-resident

Quilting Bee

Individuals bring their own sewing machines and work on their projects. An instructor provides assistance if needed.

Days: Wednesday and Friday
Time: 1 - 3 p.m.
Fee: Free

Painting Bee

This self-guided program allows you to compare and learn techniques from other painters or just enjoy the company of others while you paint.

Day: Wednesday
Time: 1 p.m.
Fee: Free

Chess Club

The Chess Club welcomes players of all levels and those who are interested in learning the game. This is an opportunity to learn or to improve your skills.

Days: Wednesday and Friday
Time: 9 a.m.
Fee: Free



Card Social

Bridge: Mon. & Wed.
1 p.m.
Pinochle: Wed. & Thurs.
noon
Hand and Foot: Wed. noon
Euchre: Fri. noon
Dominos: Fri. noon
Fee: Free

Bingo

Participants play for grocery items.
Day: Wednesday
Time: 10:45 - 11:30 a.m.
Fee: \$.25 per card

Fellowship Dining

Hot meals are served each week day to persons 60 years of age or older. Participants must fill out proper paperwork and commit to eating at least 2 - 5 meals a week. Meals are provided and served by the Polk County Board of County Commissioners.
Days: Monday - Friday
Time: 11:30 a.m.
Fee: Donation



WINTER HAVEN

The Chain of Lakes City



Black History Month

Black History Month is observed every February in the United States. The celebration of Black History Month and more importantly, the study of black history is mainly due to Dr. Carter G. Woodson. The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States.



That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by black Americans and other people of African descent. Known today as the Association for the Study of African American Life and History (ASALH), the group sponsored a national Negro History Week in 1926. The purpose of Negro History Week was to bring national attention to the contributions of black people throughout American history. The second week of February was chosen for Negro History Week because it marks the birthdays of two men who played an important role in black history, Frederick Douglass and Abraham Lincoln.

Woodson believed that history was made by the people and not primarily by a few great men. Therefore, he came to the idea that instead of focusing on two individuals, the black community should focus on the numerous black men and women who had contributed to the advancement of human civilization. In 1976, 50 years after the first celebration and during the Bicentennial of the United States, Negro History Week became Black History Month. Every American president since Gerald Ford has designated February as Black History Month.

Please join the City of Winter Haven as we celebrate Black History Month. Winter Haven Recreational and Cultural Center will host various programs in honor of Black History Month. Please read page 17 of the Play Well Magazine for more information on Black History Month programs.

Jr. Miss Heritage Pageant

This is the second annual Jr. Miss Heritage Pageant. Competition will be based on personality, talent demonstration, responses to questions and appearance. Practice will be held Wednesday, February 22 at 5 p.m. Pre-registration is required. Deadline to register is February 19. All participants must be at least 12 years old by February 1.

Ages: 12 - 14

Date: February 24

Time: 6 - 8 p.m.

Fee: \$2

For more Black History Month programs, please read page 17 of the Play Well Magazine.

Stay connected to the City of Winter Haven through social media. The City of Winter Haven is on Facebook and Twitter. The City even has its own application for the iPad, iPhone and Android phone.