

Food & Water

- 1 gallon water per person per day for at least 5 days
- Sandwich bread (can be frozen until needed)
- Quick energy snacks (like granola or raisins)
- Canned soups, beans, vegetables, meats
- Crackers and dry cereal
- Jelly, Jam and peanut butter
- Instant coffee/tea/powdered drink mixes

** Water will be needed for drinking and cooking. Stock up on bottled water for the family and your pets.*

Health & First Aid

- Shampoo - body soap - hand wipes
- Toothpaste
- Deodorant
- Antiseptic
- Fully stocked first aid kit

** During a storm, phone and electrical lines go down.*

Dangerous weather prevents emergency vehicles to respond.

Prepare you and your family with CPR and first aid training.

Storage

- Waterproof container & plastic containers with lids
- Plastic Zip bags
- Plastic wrap and aluminum foil
- Heavy duty garbage bags

Cleaning & Misc. Supplies

- Paper plates, cups and eating utensils
- Paper towels and toilet paper
- Dish soap
- Mosquito repellent
- Matches
- Latex gloves
- Broom, mop and bucket

Medications

- Extra supply of prescription medications
- Aspirin and/or acetaminophen
- Anti-diarrhea medicine
- Vitamins (both adult and children)

Common Tools

- Battery operated radio with extra batteries
- Multiple flashlights with extra batteries
- Assorted safety pins
- Screwdrivers
- Pliers
- Hammers
- Vice grips
- Heavy duty work gloves
- Grill, charcoal, lighter fluid

Heavy Tools

- Plywood & fasteners for windows
- Tarps or canvas for temporary roof repair
- Handsaw or chain saw with fuel
- Nails and screws
- Hatchet
- Crowbar

Special Items

- Special food for special diets
- Hearing Aid Batteries
- Items for denture care
- Spare eyeglasses or contact lens and supplies
- Baby items including diapers and wipes
- Pet food
- Sand Bags

Helpful Supplies

- Games/activities for kids and family
- Local and State maps
- Gas cans
- Video or disposable camera

Only you know the special needs for you and your family. Always keep a list of those items that you regularly need and use to ensure you're prepared.

TO DO LIST

Before the season starts

- Make a family plan. Who does what and where will your family ride out the storm
- Locate your electric and water cutoff
- Know the disaster plan of your child's school or daycare
- Trim trees (Don't wait until a storm is on the way)
- Use a video camera to video the contents of your home as well as outside of your home. Store in safe place or upload to cloud-based storage such as Google
- Scan or photocopy important papers and store safely
- Put important papers in waterproof bags or containers
- Make plans to board your pet if you plan to go to a shelter (Not all shelters allow pets)
- Obtain the most up-to-date shelter map
- Have cash or travelers checks on hand

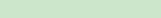
Your Property

Before hurricane season, make a complete inventory of your valuables and personal property. Store important documents and valuables in a safe dry place. Take a photo inventory inside and outside of your home in case property damage occurs. After an event, take photos immediately of any damage. Make sure you are properly insured and understand your policy and coverage.

Important Items to Keep In Waterproof Portable Container

- Will, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card numbers and companies
- Inventory of valuable household goods including serial numbers
- Family records (*birth, marriage, death certificates*)

Hurricane wind scale: What 1 to 5 looks like

	Category	Winds (MPH)
	1	74 to 95
	2	96 to 110
	3	111 to 129
	4	130 to 156
	5	Over 157

NOTE Saffir-Sampson hurricane wind scale



Emergency Supply Kit Shopping List

Everyone needs to prepare for emergency situations, but shopping for supplies can be expensive and stressful. Shopping for items a little at a time before an event can reduce stress by avoiding long lines and empty shelves.

Be Prepared
Make Plans
Be Informed

City of Winter Haven - City Hall
451 3rd St., NW, Winter Haven FL 33881