

Winter Haven Senior Adult Center
 250 S. Lake Silver Dr. NW
 Winter Haven, FL 33881
 291-5870




JANUARY 2021



Jennifer Burke, Recreation Supervisor
 Jackie Richardson, Recreation Leader
 Mike Williams, Building Service Worker

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>DUE TO CORONAVIRUS HOURS OF OPERATION</u> Mon-Fri 9am – 12noon Open Social Time</p> <p>Only instructional Program open after 12noon</p>	<p></p> <p>FACE MASK REQUIRED TO ENTER FACILITY</p>	<p></p>	<p>WINTER HAVEN <i>The Chain of Lakes City</i></p> <p>IT STARTS IN PARKS Coaching. Connecting. Community.</p>	<p style="text-align: right;">1</p> <p>Senior Adult Center will be closed in honor of New Year's Day</p> <p style="text-align: center;"></p>
<p style="text-align: right;">4</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident</p>	<p style="text-align: right;">5</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">6</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi</p>	<p style="text-align: right;">7</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">8</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga</p>
<p style="text-align: right;">11</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident</p>	<p style="text-align: right;">12</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">13</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi</p>	<p style="text-align: right;">14</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">15</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga</p>

****All programs are subject to change without notice**

<p style="text-align: right;">18</p> <p>Senior Adult Center closed Martin Luther King Jr. Holiday</p> 	<p style="text-align: right;">19</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">20</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi</p>	<p style="text-align: right;">21</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">22</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga</p>
<p style="text-align: right;">25</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident</p>	<p style="text-align: right;">26</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">27</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi</p>	<p style="text-align: right;">28</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">29</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga</p>