

Winter Haven Senior Adult Center
 250 S. Lake Silver Dr. NW
 Winter Haven, FL 33881
 863/291-5870






MAY 2021



Jennifer Burke, Recreation Supervisor
 Jackie Richardson, Recreation Leader
 Mike Williams, Building Service Worker

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga
10	11	12	13	14
9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga Wear Purple for Peace Day, Sunday, May 16th
17	18	19	20	21
9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi	9am-12noon Open Social 9:30 a.m. Exercise	9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga

**All programs are subject to change without notice

<p style="text-align: right;">24</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 1 p.m. Mixed Media Painting \$10 resident/ \$11 non-resident</p>	<p style="text-align: right;">25</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">26</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga 1:30 p.m. Easy Tai Chi</p>	<p style="text-align: right;">27</p> <p>9am-12noon Open Social 9:30 a.m. Exercise</p>	<p style="text-align: right;">28</p> <p>9am-12noon Open Social 9:30 a.m. Exercise 10:30 a.m. Chair Yoga</p>
<p style="text-align: right;">31</p> <p style="text-align: center;">Memorial Day Senior Adult Center Closed</p> 	 <p style="text-align: center;">FACE MASK REQUIRED TO ENTER FACILITY</p>	<p style="text-align: center;"><u>DUE TO CORONAVIRUS HOURS OF OPERATION</u> Mon-Fri 9am – 12noon Open Social Time</p> <p style="text-align: center;">Only instructional Program open after 12noon</p>		<p style="text-align: center;">WINTER HAVEN <i>The Chain of Lakes City</i></p> <p style="text-align: center;">IT STARTS IN PARKS <small>Coaching. Connecting. Community.</small></p>